

CENTERPEACE



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The Unity Center of New York City

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LIBERTY AND TRUTH

by Jim Gaither

“*You will know the truth, and the truth will make you free.*” [John 8: 31] “*Knowledge of cause is power.*” [Francis Bacon]

You cannot change the laws of the universe and you cannot violate them. You *can*, however, choose to *use* them in any way you wish. You are free to use the laws of the universe as you choose, and so, in the sense of having power over natural law, *you have “supernatural power”!*

Consider what an amazing, Godlike thing it is to have the freedom to use universal laws. Every day you move around using the laws of physics as you choose. If you are a rocket scientist you know how to use the laws to send ships into outer space. If you are a farmer, you use the laws of nature to produce crops or raise animals for a living. When you drive a car, ride a train, bus, or plane, you are using the laws as you choose. With every action you take—eating, working, walking, etc.—you freely move your body using physical laws as you choose.

There are some conditions on your use of the laws of the universe. Even though you can use many of the laws without even knowing of their existence, there are some things that you can only do if you understand certain laws. For example, you can use the laws of physics to walk without knowing those laws, but a “rocket scientist” needs to know and understand laws of physics to properly design a rocket that will work.

The laws of the universe govern not only movement of objects, but also the effects of thought. The laws of mind are both more subtle and more powerful than physical laws.

Your thought patterns work in two directions. Particular thought patterns act in one direction on the physical world and other patterns work in another

direction, opening your mind to receive Spiritual knowledge and power.

There are thought patterns that affect your emotional states and, at the same time, your physical states. E.g.: if you think about people as threatening and malevolent, you develop a thought pattern of animosity which can produce fear or anger and corresponding physical states which tend to be destructive to health. If, on the other hand, you think

in a forgiving way, giving people the benefit of doubt regarding their motives and focusing on their positive qualities, you develop a “love-thought-pattern.” Loving thought patterns produce emotions with corresponding physiological states, which are beneficial for health.

Thought patterns that open your mind to receive Spiritual knowledge and power include affirmations of God’s Goodness and Omnipotence, of Oneness with God, and of receptivity to God. When you learn to silence your thoughts and direct your attention to the Inner Presence of God, you can receive insight, consciousness of God’s presence, and the Spiritual Power that heals, harmonizes, and attracts all good.

Knowledge of physical and psychological causes gives you power to accomplish what you choose on earth. Knowledge of God is knowledge of First Omnipotent Cause, and that is “Heaven,” the greatest power...and the ultimate freedom.

Government can grant and protect your political freedom, but government cannot *make* you exercise your freedom—only *you* can make *you* free. Your true liberty is in your Divinely Granted free use of the laws of the universe. Independence Day is well worth celebrating once a year, but true “Inner-Dependence” must be exercised and celebrated *every day* in mind.

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Unity Center Activities

TUESDAY LECTURE SERIES BY JIM GAITHER

12:00 Noon & 6:15 pm

Continuing the Series:

METAPHYSICS II – PART I

During this course you will explore some of the fundamental principles of spiritual law and how they can be applied to your life for greater love, health, and prosperity. Through the consistent use of these practical principles, you will realize more of your spiritual potential and find that your life is transformed! Offered for credit with Unity Institute. (\$36.00 registration fee for credit.) **Topics explored in this class are:**

- ▶ **The Four Functions of Consciousness**
- ▶ **Thoughts**
- ▶ **The Word**
- ▶ **Denials and Affirmations**

- ▶ **Creation**
- ▶ **The Twelve Powers**
- ▶ **Developing the Twelve Powers**

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“CIRCLE OF PRAYER” MEDITATIONS

Tuesdays, 11:30 am & 5:45 pm

This half-hour of Spiritual Intunement, led by Jim Gaither, is a beautiful prelude to the Tuesday Lectures, and a time to join in The Center’s “Circle of Prayer” to radiate a powerful Healing Energy of Life and Love to all who have requested special prayers.

“GOD AT WORK”

Mondays, 12:00 Noon

God is at work in our lives at all times. By aligning ourselves with this Dynamic Creative Power, we can shape our experience in positive ways to live healthy, prosperous, joy-filled lives. Jesus taught us the Inner Laws of Consciousness that determine our outer experience. This course, based on the parables of Jesus as interpreted by Ervin Seale in his book *Learn to Live, The Meaning of the Parables*, will show how the Transformative Power of God works in our lives. Taught by Rod Kennedy, Unity Spiritual Education & Enrichment graduate, member of Unity Center Board of Trustees, author, and entrepreneur.

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WEDNESDAY MEDITATION SERVICES

by Justin Morley

12:00 Noon & 6:15 pm

Devoted to personal and spiritual growth and renewal, this inspiring hour features a dynamic and stimulating lecture dealing with basic Metaphysical Principles and how to apply them effectively in your life, and a guided healing meditation designed for the tapping and releasement of the Healing Flow of the Infinite within. It is a beautiful time of renewal for body, mind, emotions, and affairs of life.

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WOMEN IN UNITY

Wednesdays, 6:30 pm

A powerful group experience, this sharing time provides an opportunity for women to express their thoughts and feelings in an atmosphere of love and trust, and to learn from one another how to apply Spiritual Principles in their lives and careers—a wonderful time of mutual spiritual support. Sir John Templeton’s book, *Wisdom from World Religions*, is used as a study-guide for discussion and meditation. Facilitated by Sondra Pugh and Ann Stenson.

“DO GREATER THINGS:

FOLLOWING JESUS’ FOOTSTEPS”

Thursdays, 6:15 pm (Through July 15th)

This class, based on the book, *Do Greater Things*, by Felicia Bianco, offers nine key spiritual practices to help us on our way to doing “greater works.” Taught by licensed Unity teacher, healing therapist, and Interfaith minister, Marion A. Gambardella.

New Class by Marion Gambardella:

“WORKING WITH THE HEALING ANGELS”

Thursdays, 6:15 pm (Beginning July 22nd)

This special four-week series of lessons will help you learn how to consciously attune to the “healing angels” to invoke a cleansing and purifying atmosphere that facilitates physical, mental, and emotion healing. Once called upon, the angels will direct the perfect process of healing, providing a cocoon of comfort, understanding, and love, resulting in a wonderful adventure of self-discovery, and transformation. Creative visualization healing meditations, practical exercises, and the “Oneness” Healing/Prayer Circle will also be part of each class.

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ACTING CLASS

Fridays, 6:30 pm

Come and explore your latent talent and creativity. As you work on scenes and monologues using your body, mind, and spirit, you will realize the power of your uniqueness and doors will open to a deeper understanding of your Inner Self. No acting experience is necessary. Taught by Broadway actress/singer, Carolyn Maye Middleton. For details, call Carolyn at (212) 838-4775.

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UNITY IN HARLEM STUDY GROUP

Sundays, 3:30 pm

Ross Carnegie Piano Studios, 246 West 137th Street,

This dynamic study group presents a wonderful program of learning Truth Principles every Sunday afternoon through the study of many important spiritual and metaphysical books. There are also a variety of special events and guest speakers. Led by licensed Unity teacher, Carol J. Hunt.

ABOUT UNITY CLASSES

All classes (except special workshops) are presented on a love-offering basis, with each student evaluating the help received and giving accordingly. Suggested offering: \$15.00 per session...or more, as your grateful heart guides you.

HEALTH AND WELLNESS MINISTRY

Marion A. Gambardella, Director

Our "Health and Wellness, Healthy-Living" classes and workshops will empower you to take charge of your life and experience complete wholeness of body, mind, and Spirit. We are also offering group support meetings for the Family Caregiver, providing guidance on how to make the most of the experience without losing yourself in the process. We call your attention to the following events:

"THE HEALING TOUCH"

Led by Marion A. Gambardella

Saturday, July 17th - 10:00 am - 4:00 pm

Healing by "Touch" is a breakthrough in the art of self-healing and has been gradually and successfully introduced into the medical world for its therapeutic value. It is a completely natural ability, which we all possess and are able to learn and develop. Marion Gambardella offers this unique and empowering workshop to all sincerely interested in attaining high-level wellness on every level of their being. She will draw from her rich experience as a healing therapist to present the following

- ♥ A Clear Understanding of the Spiritual Process of Energy Healing and the Wisdom of the Body
- ♥ Guidance Through Up-To-Date Hands-On Energy Balancing Techniques and Exercises for Self-Healing and Healing of Others
- ♥ Distant Healing
- ♥ One-on-One Healing Experiences
- ♥ Participation in the "Oneness" Healing Energy Circle

Allow your Summer Season to be especially rich in meaning by attending this uplifting and inspirational self-growth workshop.

By Registration Only / Suggested Love-Offering: \$20.00

For More Information, Call Marion Gambardella at The Unity Center.

And:

"HEALING THROUGH SONG, DANCE, AND COMEDY"

With Johnny Bulfair

Saturday, August 14th - 2:00 pm

Johnny Bulfair, dancer, standup comedian, and singer, will combine his variety of talents with audience participation for a show that is fun, and a healing experience, for everyone.

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THE DISCOVERY ROOM

Our re-vitalized bookstore on the lower level of The Center is on summer schedule: **Tuesday, Wednesday, and Thursday: 11:00 am - 6:00 pm; Sunday: 10:30 am - 12:30 pm; closed Monday, Friday, and Saturday.** Victoria Barkley, Manager. We invite you to stop in often and browse through our wide selection of Unity and related metaphysical publications. We suggest the following:

"THE ESSENTIAL CHARLES FILLMORE:

Collected Writings of a Missouri Mystic"

Edited, with Commentary, by James Gaither

Charles Fillmore was a pioneer in applying Spiritual Principles for healing and prosperity, and a profound thinker on both science and religion. This book provides an overview of Mr. Fillmore's teachings, with commentaries by Jim Gaither summarizing essential points and explaining the importance of these teachings in relation to science, philosophy, and theology. [\$19.95]

BOOKS BY ERIC BUTTERWORTH:

Discover the Power Within You - \$14.99

Spiritual Economics - \$13.95

The Creative Life - \$12.95

PosiTrends or negatrends? - \$9.95

Life Is for Loving - \$9.95

The Universe Is Calling - \$13.99

Celebrate Yourself - \$13.95

In The Flow of Life - \$13.95

Unity: A Quest for Truth - \$11.95

Life Is for Living - \$9.95

These books may be ordered by mail or by phone using your Visa or MasterCard. Postage and handling: \$3.00 for one book, \$1.00 for each additional book [up to \$6.00].

The Wisdom of Eric Butterworth

"There is only One Presence and One Power, God the Good, Omnipotent." This is Unity's basic affirmation. But we might rightly ask: What about evil and the evil people in the world? How can we correct evil by insisting that it doesn't really exist? What about sickness, crime, war?

What we call "evil" is simply the frustration of the inherent potential for good. In the Creation story, we are created in the "image-likeness of God." This is our innate potential. Paul calls it "the Christ," Jesus calls it "the Father within."

Saying, "There is no evil," is like saying of mathematics, "There are no wrong answers." For example, four plus three equals seven; if you come up with the answer *eight*, it is simply a wrong answer. There is no use insisting that there are no wrong answers, or that the eight is not wrong. The eight is wrong, but it does not exist in the principle of mathematics. In the absolute, the seven is implied by the "four plus three," regardless of any answer you put on paper. There are many wrong answers in the world, but wherever there is an evil person, there is a Child of God in the absolute.

Evil is frustration of the good—and there is much of this "evil" in the world. But, evil is not a power, such as "the devil" vying with God for control of the world. How, then, can we correct evil conditions? Do we go on a crusade to stamp out corruption? Some may take this recourse. But enlightened ones have always said, "It is better to light a candle than to curse the darkness." The declaration of the Omnipresence of Good in the face of evil is like turning on the light in a darkened room.

There are no *inherently* evil people in the world. "Bad" people are not to be destroyed but to be awakened. Treat the "bad" person as if he or she were totally bad, and you will make that person worse. Treat the person as if he or she were inherently a Child of God, and you will start a trend toward betterment in the person. All persons are good...but in various stages of unfoldment. Startling as it might seem, the difference between Jesus and Pontius Pilate was not one of inherent potential, but in the degree of its expression.

We must come to know the truth of the Innate Divinity of all persons. And, we should all keep as a personal credo: **"There is only One Presence and One Power, God the Good, Omnipotent... in my life and in the world."**

Sunday Services *of Creative "Worth-ship"*

At The Unity Center
Our Beautiful Landmark Building
213 West 58th Street
11:00 am

Lectures & Meditation by
Jim Gaither, Minister

Eric Butterworth named Unity's
Sunday Service

"An Experience of Creative 'Worth-ship,'"
a special time of spiritual growth leading
to self-realization and self-worth.

Sunday Series:

"THE SPIRITUAL PATH THAT WORKS FOR YOU"

*Unity is Practical Spirituality,
it provides methods that work
for your life when you work
with them in your life.*

July 4 – #1. THE LIBERATING TRUTH

Does your spirituality work for you? Do you feel liberated and powerful? Only Truth works... and what works in our lives provides our best understanding of Truth.

July 11 – #2. MEDITATION ON TRUTH WORKS

Disciplined meditation on Divine Truth affects your consciousness in a life-transforming way.

July 18 – #3. LETTING GO WORKS!

Part 1: "Denials" – Why does Unity teach "denials"? Denials are Truth statements that help dissolve anxious thinking and the negative effects of such thinking.

July 25 – #4. LETTING GO WORKS!

Part 2: "Forgiveness" – Forgiveness works first by liberating the mind of the one who forgives—yet it can also have far-reaching effects in the world.

Aug. 1 – #5. LETTING GO WORKS!

Part 3: "Rational Non-Attachment" – Non-attachment is a teaching found in both Western and Eastern spiritual traditions. It works because it helps you get in touch with your True Spiritual Self.

Aug. 8 – #6. AFFIRMATIVE THINKING

Part 1: "God" – Is there a "theory of God" that works as well as the best "theories of the universe"? Is there a way of thinking about God that works best for your life?

Aug. 15 – #7. AFFIRMATIVE THINKING

Part 2: "The Best Possible You" – What is the Truth of your being? Is the Truth about you summarized in your life right now? What does it mean to "live up to your potential"?

Aug. 22 – #8. AFFIRMATIVE THINKING

Part 3: "Conceive It, Believe It, Receive It!" – What would you have? Creating the "mental equivalent" is a crucial step in making it happen!

Aug. 29 – #9. STEPPING OUT ON FAITH

It is not enough just to think with faith. When you step out on an understanding faith, success is assured.

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LISTEN TO ERIC BUTTERWORTH EVERY DAY

www.EricButterworth.com

You can listen to a different Eric Butterworth message of spiritual growth (*from the archives of his radio broadcasts*) every day on this beautiful website. We receive countless e-mails from people expressing gratitude for the inspiring words of Eric that make their lives richer and more fulfilling in every way. Log on every day...*and tell your friends about it!*

"DISCOVERY CLASS"

The "Discovery Class," for children ages 5 - 12, is held every Sunday at 11:00 am. Ramona Kearns and Tina Aragona-Grimm are the lead teachers, supported by committed staff, who provide weekly Truth lessons, meditation, Bible stories, and music and art to engage and enlighten the children.

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UNITY'S "CIRCLE OF PRAYER"

You are never farther from the prayer-support of Unity's Prayer Circle than a telephone call or an e-mail request. You will be held in the Healing Light of God. Many have been helped and healed. May we help you?

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LISTEN TO SUNDAY LECTURES www.UnityNewYork.com

Log on to our website and listen to all of Jim Gaither's Sunday talks and selected Tuesday "Circle of Prayer" meditations.



CENTERPEACE 

The Unity Center of Practical Christianity

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Jim Gaither, Minister

Unity Center Board of Trustees:

Ruby Greene

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Carolyn Middleton

Patricia Stovall /

Donald Sutton

Patricia Williams

UNITY INTERNET RADIO PROGRAM

“Biblical Power for Your Life,”

With Jim Gaither and Karen Tudor

Thursdays, 3:00 pm – www.unity.fm

Each week, Jim and Karen introduce a biblical character from a cultural, historical, psychological and symbolic perspective that will help you reveal Spiritual Truths about yourself. Be sure to log on every Thursday at 3:00 pm (*Eastern Time*) to hear, live, the latest in this on-going inspirational series. All of the programs are archived on the site, so you can listen to previous sessions at any time.

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